

Rustic Xtreme

5 Mile Challenge Run

Finishing is up to you!
Sunday, Sept 18th, 2016

Breakaway Sports will be holding a challenging 5 mile adventure run that will see competitors going through **creeks, tunnels, and moats with super mud** that will steal your shoes. You will be **crossing a creek on cables**, scaling short climbs so steep, you either **claw your way up or use the installed ropes** to help get you to the top. And if that's not enough, our staff will be adding a **few extra obstacles**, just for the **enjoyment of the spectators**. The race takes place at Rustic Park in Birdsboro, PA. If you're looking to truly challenge yourself over a 5 mile course, do the **Xtreme**.

Xtreme Details

Pre-Registration: Deadline is Sept 13th. Includes long sleeve tech shirt.

Race goods: Long Sleeve Tech Race shirt and other goods, plus hot catered food.

Race day registration: 8:30-9:30am. (Pre-race meeting at 9:45am)

Race start: 10am

Race details: 5 mile trail run with the lots of challenge and continuous natural and manmade obstacles.

Awards: 15-18, 19-29, 30-39, 40-49 and 50+. (Ages 17 and under require parent's signature)

Entry fee: \$35 - includes long sleeve tech shirt if Pre-registered.

Kids Challenge Run: 1 mile with creek crossings and obstacles. (Starts right after the 5 mile finish)

Awards: 10 and under, 11-14 (Minimum age 8)

Kids Run entry fee: \$15 - includes tee shirt – ONLY if pre-registered

Directions: Find your way to Birdsboro, PA. Then, at the intersection of Rte 724 and Rte 345, take North Furnace St, which becomes Hay Creek Rd for 1 mile to Rustic Park. You can't miss it.
<http://www.birdsboropa.org/>

If you have any questions, please call 610-413-8772 or email bulrich1@aol.com.

www.makebreak.com

Race photos on our facebook page "[Breakaway Sports-makebreak.com](https://www.facebook.com/BreakawaySports-makebreak.com)